




Reshaping THE NOSE

The nose is important for us to be able to breathe comfortably. Everyone knows how miserable we feel when we are congested with a head cold. Some of us, unfortunately, feel congested all the time or during times of increased need such as exercise. The nose is also important as it forms a major aesthetic highlight of the face. The shape of our eyes, our smile, our skin quality can all be distracted by an unattractive nose.

Precise analysis of the underlying cause of a “big nose” or “unattractive nose” is important to avoid the appearance of an unnatural or poorly functioning nose after surgery. The goal is to reshape the nose and put it into a proper balance with the remaining features of the face. There are certain limitations of course. The nose is not made of clay that can be trimmed down or shaped at will. It is made of living tissue which is unique to each of us. The nose rests on the skull. The opening on which it rests can only be narrowed so much without compromising breathing. The cartilage has a memory. This means it remembers how crooked or misshapen it was. Although we have some tricks to maintain it in a straighter orientation, it can sometimes revert somewhat towards where it was. The more crooked a nose is to begin with, the more difficult it is to maintain its shape long term. The skin overlying the nose is important as well.

Skin that is too thick and oily will mask the underlying cartilage reshaping changes. Skin that is too thin makes these changes sometimes too apparent. Finally, all of us have facial asymmetry to some degree. The nose is in the middle of our asymmetric faces so it is always a challenge to balance it between the two sides.

As is apparent from the above, it is vital to have a precise evaluation performed by an experienced surgeon who can guide you through the process. The goal is to provide you with a nose that fits your face better, hopefully improves your breathing and will allow your other facial features—your eyes, your smile and glowing skin—to be the things that other people notice about you. Dr. Ducic has written a number of articles describing various techniques in rhinoplasty and has lectured and trained other doctors and specialists in rhinoplasty analysis and surgery. We look forward to arranging a consultation with Dr. Ducic at either our Colleyville or downtown Fort Worth offices. 

DFWPlasticSurgery.com
DrDucic.com

Dr. Yadro Ducic

Dr. Ducic is the medical director of the Center for Aesthetic Surgery in Colleyville, Texas. He is actively involved in training residents and fellows in Facial Plastic Surgery and is a clinical professor at the University of Texas Southwestern Medical Center. He has authored over one hundred publications. He is certified in both Facial Plastic Surgery and in Otolaryngology-Head and Neck Surgery.

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TAKE SHAPE



YADRO DUCIC, M.D., FRCS(C), FACS
LARRY REAVES, M.D., FACS
JESSE SMITH, M.D., FACS

75 MAIN STREET, SUITE 150
COLLEYVILLE, TX 76034
817-503-2442

