

in the spotlight

# Balancing THE NOSE AND THE CHIN

*Often times, patients feel they have a prominent nose, a big “hump” or “bump” on their nose. In fact, this may simply be a realization that their aesthetic profile is out of balance. A small, weak chin may make a nose appear larger than it really is. It is important to not look at each one in isolation but as a unit in order to maintain nice facial harmony.*

Excessively reducing a prominent nose in a person with a weak chin will often make the profile appear flat and unattractive. “It is important to consider bringing the chin forward and reducing the bridge of the nose less in order to have beautiful aesthetic highlights which are generally considered attractive,” said Dr. Yadro Ducic, who is board-certified in both facial plastic and reconstructive surgery and otolaryngology—head and neck surgery. “It also avoids having ‘an operated’ look.”

The weak chin can be addressed a number of ways depending on patient needs and personal desires. If there is a significant bite problem (such as an underbite or an overbite) and the patient desires to have this addressed, then braces and orthognathic surgery is most appropriate. Otherwise, insertion of a small chin implant or moving the chin forward with a small cut in the bone are excellent alternatives. These are done through hidden incisions inside the mouth with no visible scarring on the face.

When reshaping the nose, it is important to maintain a strong underlying foundation. If this is not maintained, then a few untoward things may happen. Firstly, the nose becomes unstable, twisting and changing shape over time. Secondly, it looks somewhat amorphous, lacking a nice natural shape and giving the nose an operated upon look. All of these are unattractive, unnatural and may lead to nasal airway problems as well. “Our goal in nasal surgery is to give the patient, as best as possible, a nose that fits better with the rest of his or her face, is natural in appearance and functions well,” said Dr. Ducic. “Harmonizing the nose with the chin is a very important element in this process.”

Dr. Ducic has lectured extensively and written a number of articles on rhinoplasty and chin augmentation, which you can view at his website.

Dr. Ducic looks forward to visiting with you and reviewing in detail how they can help you. For a complementary consultation please call Dr. Yadro Ducic at **817-503-2442** or **817-920-0484** or for more information you may visit his website at **DrDucic.com**. 

*Dr. Ducic is Board Certified in Facial Plastic and Reconstructive Surgery. He has published over 120 articles and book chapters and has lectured extensively at universities both in the USA and abroad. He is the director of a fellowship in Facial Plastic Surgery, one of only a handful in the southwest and the only one in the metroplex. He is also a Clinical Associate Professor at the University of Texas Southwestern Medical Center and is involved in training the specialists of tomorrow. Please feel free to visit his web site at [www.drducic.com](http://www.drducic.com) or call 817.503.2442 for an appointment in the midcities location or 817.920.0484 for an appointment in the downtown Fort Worth location. We look forward to your visiting with us.*



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TAKE SHAPE



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