

in the spotlight

Options in ACHIEVING

A Beautiful NECK

The neck has obvious importance not only functionally but aesthetically. It is the foundation for the face. Aging of the neck will often progress at a faster rate than the rest of the face. Many changes will happen over time as we age, especially along the junction of the face and neck.

The skin becomes more lax due to gravity. This laxity will result in a poorly defined jaw line as the skin of the lower face sags down into the upper neck. This gives a heaviness to the jowl area. Many of us also accumulate fat in the area below the chin, further adding to heaviness. This gives a long, sad looking and aged appearance to the lower face and neck.

Genes do play some role in how the neck appears and how it changes over time. Some people have a smaller chin and a low hyoid bone (part of the voice box). These can be helped to a certain degree with chin implant or repositioning. Low lying submandibular glands that are normally found on either side of the neck just below the jaw may give unwanted fullness. These can occasionally be resuspended or partially removed to improve jaw line contour.

Avoiding excessive sun exposure and large fluctuations in weight will help maintain what we naturally have. Good skin care including tretinoin cream, vitamin C serum and other good skin care products and laser treatment will improve the skin envelope.

Liposuction works well to remove any unwanted fat deposits in the neck through hidden tiny scars behind the ears and below the chin. As we age, simple fat removal will not be enough to achieve the neckline of youth. Redraping the skin and removing some excess skin along the hairline may be needed in these cases. This is called a neck lift. Usual downtime is 1 week after such a procedure.

For more information, please schedule a complimentary consultation with Dr Yadro Ducic, medical director of the Center for Aesthetic Surgery. Let us be your guide as you explore the options available to achieve the neck contour you deserve. 📞

Dr Ducic is Board Certified in Facial Plastic and Reconstructive Surgery. He has published over 120 articles and book chapters and has lectured extensively at universities both in the USA and abroad. He is the director of a fellowship in Facial Plastic Surgery, one of only a handful in the southwest and the only one in the metroplex. He is also a Clinical Associate Professor at the University of Texas

Southwestern Medical Center and is involved in training the specialists of tomorrow. Please feel free to visit his web site at www.drducic.com or call 817.503.2442 for an appointment in the midcities location or 817.920.0484 for an appointment in the downtown fort worth location. We look forward to your visiting with us.



LET YOUR NEW SELF TAKE SHAPE



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